

Deeper – Spring 2010

Session 11

Be prepared to discuss the following in your small groups.

How do you view conflict? Check the words that reflect your thoughts and feelings. Explain your ideas.

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|---|--|---------------------------------------|
| <input type="checkbox"/> Good | <input type="checkbox"/> Healthy | <input type="checkbox"/> Fun |
| <input type="checkbox"/> Unhealthy | <input type="checkbox"/> Avoid at all cost | <input type="checkbox"/> Challenging |
| <input type="checkbox"/> An Opportunity | <input type="checkbox"/> Difficult | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Bad | <input type="checkbox"/> Scary | |

When you experience conflict, how do you typically respond?

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> I ignore it | <input type="checkbox"/> I withdraw |
| <input type="checkbox"/> I go silent | <input type="checkbox"/> I get moody |
| <input type="checkbox"/> I explode and forget about it | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> I explode and seethe for days | |

Why do you think you respond the way you do?

Read Ephesians 4:25-32.

These verses contain several do's, don'ts, and a "get rid of." Underline them.

What principles do you find in this passage for dealing with conflict in a godly way?

When you're involved in a conflict, why is it easier to talk to everyone but the person you have the conflict with?

Why can it be so difficult to tell the other person the truth?

What does it mean to "give the devil a foothold?"

If you were to ask God, what would he say about the way you deal with conflict and the way you speak to others? How might He want you to change?