

## Session 10

Be prepared to discuss the following in your small groups.

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What are the potential benefits of being honest with others?

What are the potential negatives? Are the benefits worth the risk of the negatives?

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Read 1 John 1:5-10.

What does “God is Light” mean? What clues do you see in the text?

Do you have a hard time admitting your faults to others and to God? If so, why do you think it’s difficult?

Reread verses 6-7. What might we be doing if we’re walking in the light? What might we be doing if we’re walking in the darkness?

What are some possible risks associated with being honest about your weaknesses, even in a community of Christians?